

***Q. Will the House provide food for me?***

A. No. Each person will be required to prepare or arrange for his own food. Two or more residents may wish to cook together. A stove and fridge will be provided.

**Q. How can people get into Hopeful Way House?**

A. Recovering alcoholics can be referred to the House by professionals, word of mouth in AA/NA meetings, if they have a sincere desire to stay sober. The Hopeful Way Foundation and 80% of the residents in the House must approve of the applicant.

***Q. Will the House cure me of alcoholism?***

A. As far as we know, there is no cure but alcoholics can learn to live healthy and happy lives one day at a time and for the rest of their lives.

**JOIN OUR FAMILY**

The NGO – “Hopeful Way Foundation” – is building a network of members, friends and supporters in our recovery movement in Ghana. We would like to see a fellowship of Ghanaians who want to improve their lives and the lives of others.

There are currently four sober living houses established in Ghana: “Bill Moore” Oxford House in Oyarifa-Accra, Koo Tufoo Oxford House in Kukurantumi, the Pantang Women’s Oxford House in Pantang Accra and the newly established Ashaiman Oxford House in Ashaiman, Tema. Our vision is to have a supportive, family network of homes where men and women will live in an environment that leads to long-term sobriety and positive living. The Hopeful Way also wants to promote positive and creative approaches to living a good life. You would be most welcome to join us with your ideas and good-will. For updated information on Hopeful Way, and an invitation to our next gathering, please provide your name, address, email address and telephone number to

[bmerriweather@yahoo.com](mailto:bmerriweather@yahoo.com) or Tel: Byron M. @0205 695 903(c). To schedule an interview for membership into one of our houses contact me or Henry S. @0206266436(c)[henrysquire27@gmail.com](mailto:henrysquire27@gmail.com).



**HOPEFUL WAY FOUNDATION**

The Hopeful Way Foundation is an NGO that was registered in September 2008, and has four main objectives:

1)To assist in providing housing and a protective environment for recovering alcoholics and drug addicts;

2)To provide information, awareness and training on the dangers of alcohol and drug use;

3)To promote positive approaches to living, particularly among the youth and families of alcoholics and drug addicts;

4)To make use of creative approaches for personal development.

The primary objective of Hopeful Way is to establish and nurture “Oxford House Model” type of facilities for recovering alcoholics and drug addicts who demonstrate a sincere effort to remain sober and drug free. Thesehouses average from six to twelve residents. These houses arerented family houses of recovering individuals who live together in a supportive environment to overcome addiction and learn or relearn how to become responsible, accountable and productive members of society. When the House gets full, then another house is rented to facilitate more people in recovery. Replication is feasible, however, only when reasonable rates are charged for the rent from local landlords.

We are making use of the principles developed by Oxford House International which state that each House:

1) Must be democratically self-run

2) Must be financially self-supporting, and

3) Must expel any resident who uses alcohol or drugs.

Each house is chartered with Oxford House International, which affiliates over 1,900 Houses in the U.S.A., Canada, Australia, UK and Africa. Each House consists of “groups of recovering individuals who rent to live together in an environment supportive of recovery from addiction”. Each House is democratically run, financially self-supporting and expels anyone who returns to using alcohol or drugs. In order to cover the rent and other expenses, we expect to charge rent at an affordable rate per month. A three-month rent advance will be required from each resident, as well as a GHC50 “Non Refundable Move-In Fee”. No medication or medical facilities will be provided but many activities conducive to recovery will take place(E.G. AA/NA 12 step support group meetings, wellness group mtgs.,and recovery related training sessions).

**RECOVERY FROM ADDICTION**

We believe that alcoholism and drug addiction are chronic and progressive diseases that can be treated. Persons who have been treated in

Ghana’s hospitals, treatment centers and clinics often need to be placed in a protective environment before returning to their communities. Going back too soon to the places where they came from often leads to relapse.

**QUESTIONS**

**Q. How much does it cost?**

A. In the beginning, we expect that a furnished room, two persons to a room will cost about GHC170.00 per month per person.

**Q. How long can I stay in the House?**

A. The usual stay may be for a few months but longer stays may be possible if the person is making good progress in recovery and is living according to the spirit of the House.

**Q. What will the House do for me?**

A. The purpose of the House is to provide a safe environment where its residents can grow in their sobriety. When the person is ready, he will be encouraged to leave the House and return to where he came from or start a new life somewhere else.

**Q. What will I do in the House?**

A. Each person must either, have a paid or volunteer job or attend school. Residents must be out in the community working, attending school or learning new skills during the day. For those who don’t work or attend school, there are 12 step Recovery Dynamic sessions held to improve recovery skills and develop sponsorship networks in recovery.We are always open to creative holistic approaches to enhance life skills and all ideas for income generating activities at the house.